

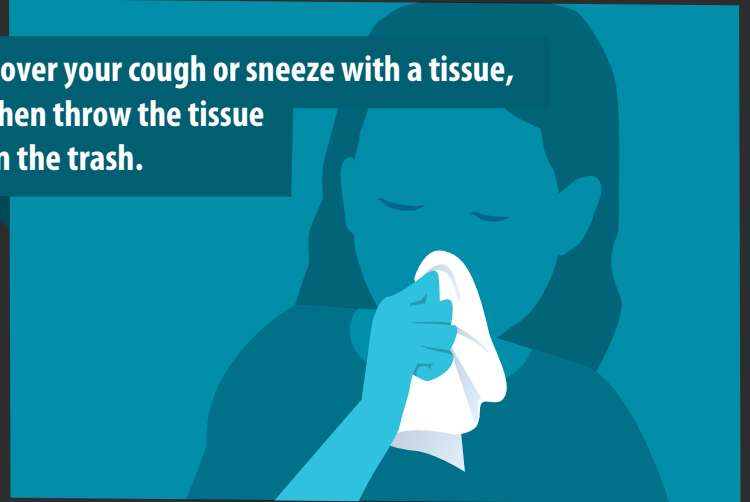
STOP THE SPREAD OF GERMS

Help prevent the spread of respiratory viruses like 2019 novel coronavirus.

Avoid close contact with people who are sick.



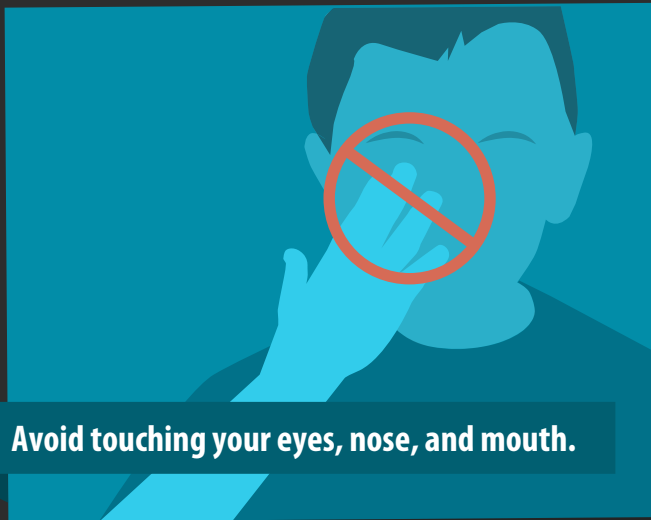
Cover your cough or sneeze with a tissue, then throw the tissue in the trash.



Clean and disinfect frequently touched objects and surfaces.



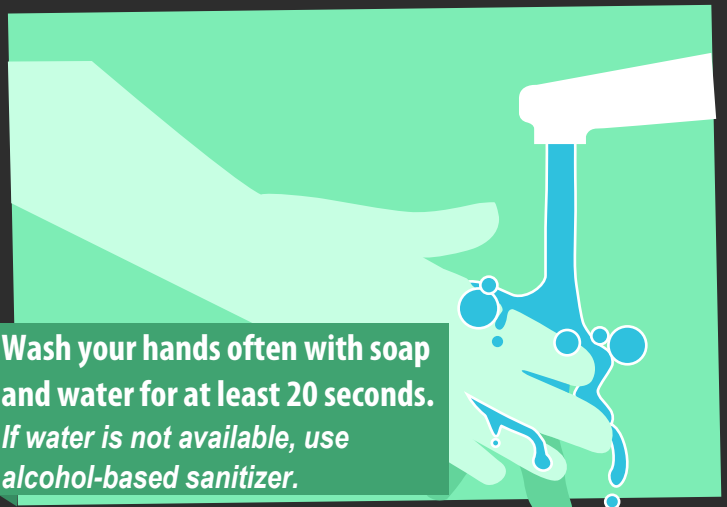
Avoid touching your eyes, nose, and mouth.



Stay home when you are sick, except to get medical care.



Wash your hands often with soap and water for at least 20 seconds. If water is not available, use alcohol-based sanitizer.



Sign up for daily HDOH updates: <https://health.hawaii.gov/news/covid-19-updates/>
Visit: health.hawaii.gov/docd/advisories/novel-coronavirus-2019

For more information, call Aloha United Way at 2-1-1