Directory of local & state resources assisting with some of the most essential needs during the pandemic, including programs for everyone - from keiki to kupuna! Remember to check for updates on each program as services may change anytime.

HEALTH CARE SERVICES

If you are uninsured or close to losing health care coverage, contact Med-QUEST for the Medicaid & CHIP programs. You may be eligible now. (800) 316-8005 or apply online at https://medical.mybenefits.hawaii.gov or for language assistance completing applications, please contact:
- Helping Hands provides interpretation services to assist access to health care & social services. (808) 526-9724
- We are Oceania (WAO) for communities from Micronesia, Marshall Islands, & Palau, COVID-19 helpline (808) 913-1364
  - Or (808) 294-1692 / 3601 / 0533 / 2861
Other affordable health care providers are:
- Ho‘ola Lahui Hawai‘i: sliding scale rate. (808) 240-0100
- Malama Pono Health Services (MPHS) reproductive health & case management. (808) 246-9577
- HMSA’s Online Care: affordable telehealth for anyone 18+ years in Hawai‘i
- The Department of Education (DOE): no-cost health advice & telehealth appointments for Hawai‘i DOE students. (844) 436-3888
- Project Vision: no cost screening & reading glasses. (808) 201-3937

COVID-19 Vaccines

The Kaua‘i’s vaccination plan is in action & while the number of doses is still limited, supplies will increase over time. Be ready! Talk with your health care provider if you have any questions & follow only official sources. It is expected that all adults in Kaua‘i County will be able to get vaccinated soon. Please, visit kauai.gov/COVID-19 for updates.

COVID-19 Testing

Screenings tools are available at:
- The University of Hawai‘i (includes language access options.) (808) 692-1060 or https://hawaii.virtriage.com/#/uh_covid19
- The CDC’s Coronavirus Self-Checker: https://www.cdc.gov/coronavirus/2019-ncov/if-you-are-sick/steps-when-sick.html#

Testing sites are available at:
- The Wilcox virtual Clinic (808) 462-5430
- Ho‘ola Lahui Hawai‘i (808) 240-0100
- MPHS (808) 246-9577
- DLS Lihue (808) 245-7130

Telehealth

You can continue with your treatments & appointments via telehealth. Contact your Dr. & insurance for more information.
- Kaiser Permanente: (808) 246-5600.
- HMSA (808) 948-6079
- Pacific Basin Telehealth Resource Center for more information. (808) 956-2514