

# Kaua'i County Resource Directory

Directory of local & state resources assisting with some of the most essential needs during the pandemic, including programs for everyone - from keiki to kupuna! Remember to check for updates on each program as services may change anytime.



## HEALTH CARE SERVICES

If you are uninsured or close to losing health care coverage, contact Med-QUEST for the Medicaid & CHIP programs. You may be eligible now. ☎1(800) 316-8005 or apply online at <https://medical.mybenefits.hawaii.gov2> or For language assistance completing applications, please contact:

- [Helping Hands](#) provides interpretation services to assist access to health care & social services. ☎(808) 526-9724
- [We are Oceania](#) (WAO) for communities from Micronesia, Marshall Islands, & Palau, **COVID-19 helpline** ☎(808) 913-1364
  - Or ☎(808) 294-1692 / 3601 / 0533 / 2861

Other affordable health care providers are:

- [Ho'ola Lahui Hawai'i](#): sliding scale rate. ☎(808) 240-0100
- [Malama Pono Health Services](#) (MPHS) reproductive health & case management. ☎(808) 246-9577
- [HMSA's Online Care](#): affordable telehealth for **anyone** 18+ years in Hawai'i
- The [Department of Education](#) (DOE): no-cost health advice & telehealth appointments for Hawai'i DOE students. ☎(844) 436-3888
- [Project Vision](#): no cost screening & reading glasses. ☎(808) 201-3937



## COVID 19 Vaccines

The Kaua'i's vaccination plan is in action &, while the number of doses is still limited, supplies will increase over time. Be ready! Talk with your health care provider if you have any questions & follow only official sources. It is expected that all adults in Kaua'i County will be able to get vaccinated soon. Please, visit [kauai.gov/COVID-19](http://kauai.gov/COVID-19) for updates.

## COVID-19 Testing

Screenings tools are available at:

- The University of Hawai'i (includes language access options.) ☎(808) 692-1060 or [https://hawaii.virtriage.com/#/uh\\_covid19](https://hawaii.virtriage.com/#/uh_covid19)
- The CDC's Coronavirus Self-Checker: <https://www.cdc.gov/coronavirus/2019-ncov/if-you-are-sick/steps-when-sick.html#>

Testing sites are available at:

- [The Wilcox virtual Clinic](#) ☎(808) 462-5430
- [Ho'ola Lahui Hawai'i](#) ☎(808) 240-0100
- [MPHS](#) ☎(808) 246-9577
- [DLS](#) Lihue ☎(808) 245-7130

## Telehealth

You can continue with your treatments & appointments via telehealth. Contact your Dr. & insurance for more information.

- [Kaiser Permanente](#): ☎(808) 246-5600.
- [HMSA](#) ☎(808) 948-6079
- [Pacific Basin Telehealth Resource Center](#) for more information. ☎(808) 956-2514

