

First Aid Kit Checklist

- Adhesive tape, roll 2'
- Applicators, sterile cotton-tipped
- Antiseptic solution
- Antibiotics (Prescribed)
- Aspirin (or aspirin-free tabs or caps)
- Bandage, sterile roll, 2" & 4"
- Bandages, plastic strip, assorted sizes
- Cough mixture
- Diarrhea medication
- Ear drops
- Laxative
- Medicine glass
- Motion sickness tablets
- Nose drops
- Petroleum jelly
- Rubbing alcohol
- Smelling salts
- Safety pins, assorted sizes
- 8 oz. table salt
- Sanitary napkins
- Scissors
- Soap
- 4 oz. baking soda
- 1 pkg. paper tissues
- Toothache remedy
- Thermometer
- Tweezers
- Water purification materials
- Plastic garbage bags