



## **I. Mission Statement**

The Kauai Agency on Elderly Affairs as the designated lead County Agency, plans, implements, supports, and advocates for the well-being of Kauai's older adults. The vision statements are:

- Kauai older adults will live independently at home or in the community with dignity and respect.
- Kauai family caregivers receive adequate support to care for their older adults.

## **II. Department Goals**

- A. Older adults and their caregivers have access to information and an integrated array of health and social support.
- B. Older adults are active, healthy, and socially engaged.
- C. Families are supported in caring for their loved ones
- D. Older adults are ensured of their rights and benefits and protected from abuse, neglect, and exploitation.
- E. Older adults have in-home and community based long term care options.
- F. Hawaii's communities have the necessary economic, workforce, and physical capacity for an aging society.
- G. AEA will develop a comprehensive and coordinated system of supportive services responsive to the needs and preferences of older adults and their family caregivers and in accordance with all federal requirements.

## **III. Program Description**

### **A. Administration**

The Agency on Elderly Affairs (AEA) shall proactively carry out a wide range of functions related to advocacy, planning, coordination, interagency linkages, information sharing, brokering, monitoring and evaluation, designed to lead to the development and enhancement of comprehensive and coordinated community based systems. These systems shall be designed to assist older persons in leading independent, meaningful, and dignified lives in their own homes and communities.

1. Objective

- a. To address the future issues of our aging population through an Advisory Council comprised of older adults and agency representatives who can offer advice, technical assistance, and partnerships. The agency representatives include those who work with the low income and minority population, Native Hawaiian population, long term care industry, and grandparents who are caring for grandchildren.
- b. To coordinate, collaborate, and establish partnerships with local individuals, agencies, and organizations to plan and implement the Aging and Disability Resource Center (ADRC) for Kaua'i.
- c. To coordinate, collaborate, and establish partnerships with local individuals, agencies and organizations to plan and implement the evidence based disease prevention programs called EnhanceFitness and Better Choices, Better Health (formerly known as Chronic Disease Self Management Program).
- d. To advocate on behalf of Kauai's older adults in areas to support aging in place and "Designing Livable Communities for An Aging Society".
- e. To encourage staff participation on advisory boards for local agencies and organizations to have an opportunity to provide input on behalf of Kauai's older adults.
- f. To provide capacity-building activities for staff and service providers to develop their skills and capacity to provide services for older adults.

2. Highlights

- a. Aging and Disability Resource Center (ADRC)

The ADRC is a one-stop source for long term information and resource. It is part of the U.S. Administration on Aging (AoA) and center of Medicare and Medicaid Services (CMS) initiative to streamline the public's access to information so that consumers can make informed decisions about their long term care. The primary function of the ADRC is to provide a comprehensive, highly visible and trusted resource of information on the full range of in-home, community-based, and institutional services for the elderly as well as younger adults with physical disabilities. This includes information about the Medicaid program and benefits. One of the ADRC goals is to streamline the process

for screening, intake, assessment and eligibility determination, and provide uniform information and standardized intake process for all consumers. The ADRC will also assist people with future long term care planning.

b. EnhanceFitness

Seniors on Kaua‘i have had an opportunity to participate in a regular, physical activity program called EnhanceFitness (EF), which is designed especially for older adults. It is an evidence-based group exercise program which includes a multi-component design, addressing balance, strength, endurance, and flexibility, and is geared to the level of both active and frail older adults. It has a proven track record of its effectiveness for older adults. The mission of EnhanceFitness is to provide communities with an effective, research-driven program to improve the overall functional fitness and well-being of older adults.

It is commonly recognized that regular physical activity in the older adult population can decrease the risk of developing high blood pressure, osteoporosis, heart disease, diabetes and depression or help to manage chronic diseases.

The County of Kaua‘i Agency on Elderly Affairs (KAEA) has collaborated in a statewide Healthy Aging Partnership-Empowering Elders initiative, along with the State Executive Office on Aging, Department of Health, University of Hawai‘i, Area Agencies on Aging (AAA) and other state and local partners. The goal of the Healthy Aging partnership is to improve the health status of older adults through improved nutrition and increased physical activity.

The KAEA received a 3-year grant in 2006 from the Administration on Aging (AoA) through the EOA to implement EnhanceFitness. This was part of a national effort to offer evidence-based, disease prevention programs in keeping with the AoA’s *Choices for Independence* initiative. On Kauai, the KAEA has developed partnerships to address and celebrate Kaua‘i’s Healthy Aging Project and are “Working Together for a Strong, Healthy Kauai”. Partners include Kaua‘i District Health Office, Kaua‘i County Dept. of Parks and Recreation, and 50+ Lifelong Fitness/Terri Halliday. Other partners include Kaua‘i Economic Opportunity, Inc., Dr. Arnulfo Diaz, and Kaua‘i Community College Nursing Dept.

c. Better Choices, Better Health (formerly known as Chronic Disease Self-Management Program)

Another evidence-based program offered to Kauai’s seniors is the Chronic Disease Self-Management Program (CDSMP). Developed by Stanford

University, the 6-week workshop series provides information and learning activities for persons living with a chronic health condition, enabling them to live a healthier life.

3. Activities

a. 45<sup>th</sup> Annual Older Americans Award

The 45th annual Older Americans Award Recognition Ceremony was held at the Grand Hyatt Kauai Resort on Thursday, May 5, 2011. Each year during May which is nationally celebrated as Older Americans Month, we are honored to recognize Kaua'i's special seniors for their contributions to the community, their personal achievements and accomplishments.

This year we had 8 seniors who were nominated by organizations and individuals namely: Mrs. Francisca Cachero, nominated by Momi Machado, Nana's House; Mrs. Loloa Cruz, nominated by Katherine Martin, Kekaha Senior Center; Mr. Basilio Fuertes, Jr., nominated by Kay Hill, Waimea Senior Center; Mrs. Mildred Fuertes, nominated by Naoko Ho, Waimea Senior Center; Mr. Jim Jung nominated by Stella Miyoshi, Kapa'a Senior Center; Ms. Rogerlyn Ihiihinui Kanealii nominated by Anne Miyamoto, Foster Grandparent Program; Mrs. Perlita Mararagan nominated by John McDermott, Long Term Care Ombudsman Program, State Executive Office on Aging; and Vernon Paler nominated by Jennie Yuimura, AARP-Chapter #654-Kauai.

The theme for this year's Older Americans Month is "Older Americans: Connecting the Community" which reminds us that seniors are continually enriching lives and contributing to our communities. Through their volunteer work and caring for their families, friends, neighbors, and selves; and their active participation in their retirement lives, they are living longer, healthier and continue to help "Connect the Community."

b. A consultant was contracted to develop the hospital discharge planning model and a fully functional Aging and Disability Resource Center.

B. Programs/Services

Programs/Services are contracted with community organizations/agencies to provide support to older adults and caregivers include: transportation, adult day care, personal care, homemaker/housekeeping, home delivered meals, case

management, congregate meals, caregiver support for families and grandparents, in-home respite and legal assistance.

1. Objectives

- a. Target older adults who have greatest economic and social need with access to services and programs.
- b. To provide assurance that priority will be given to low-income minority individuals with access to services and programs.
- c. To assess, monitor, and evaluate all federal funded, state funded and county funded contracted services.
- d. To improve or maintain older persons' quality of life, self sufficiency and ability to remain in their place of residence as long as possible and or to delay premature or unnecessary institutionalization.

2. Highlights

a. Kupuna Care Services (State funded)

1) Adult Day Care

Pacific Foundation DBA Kaua'i Adult Day Health Care Center provides a structural program that includes health and social support services in a safe, protective and congregate setting. Other services include; leisure, recreational, and socialization activities that promote interaction between staff, clients, and others participants.

2) Case Management

Case Management is a social work service for frail elderly clients who are in need of support services in order to sustain an independent lifestyle in their home environment. It reaches out to families and caregivers by providing counseling services and information to reduce the heavy task of caring for a dependent adult. Assistance with placement in a care facility is also provided.

Care plans are developed with clients and family members to determine what is needed and how best to utilize the available resources in the community. An interdisciplinary team approach is used for case counseling and agency networking which reduces

duplication of services and a more effective delivery of services in the home.

The Agency on Elderly Affairs received approval from the Executive Office on Aging to provide case management as a direct service. Case management provides leadership for the Case Management Coordination Project and organizes monthly meeting with social services agencies discussing cases; listening to guest speakers; networking; and creating relationships with key people in various agencies.

### 3) Personal Care

A Personal Care service is a priority in-home service for the frail, homebound elderly and their families. It services the frail and vulnerable older adult who requires in-home services not covered by Medicare, Medicaid, or third party insurance and not available through other public or private agencies. The provision of such services can delay or avoid institutionalization or allow early discharge from institutional care.

The service provides personal assistance, stand-by assistance, supervision or cues for older persons who are unable to perform independently, because of frailty or other disabling conditions, such as; eating grooming, dressing, bathing, toileting, transferring in and out to chair and bed, and walking.

### 4) Home Delivered Meals

Kaua'i Economic Opportunity, Inc. (KEO) was awarded the contract to implement and administer the home delivered meals program. KEO food service program prepares the meals at the Immaculate Conception School Cafeteria. The menu offers a variety of local favorites for our elderly. The menu is certified annually by a registered dietician.

The overall objective of the Home Delivered meal program is to increase or maintain eligible individuals' self sufficiency and ability to remain in their place of residence, to provide nutrition services to enhance the nutritional health of eligible older persons aged 60 years and older, to empower elders and their families so that they can effectively plan for, meet, and manage their care needs. The home delivered meal service operates five days a week to provide one home delivered hot meal per day. Meals are delivered during lunch hour, Island wide. Federal and County funding are also allocated to the home delivered meal program.

5) Homemaker/Housekeeping

Nursefinders of Kaua'i was contracted to provide homemaker/housekeeping services. This service had been in high demand. This service assists older persons to maintain safe and sanitary living conditions. Homemaker activities include: preparing meals, shopping for food and other personal items, managing money, using the telephone, and other home management activities. Housekeeping includes dusting, vacuuming, bathroom maintenance, changing sheets, washing laundry. Heavier task may include cleaning ovens and refrigerators.

6) Transportation

The County Transportation Agency provided services for Kaua'i Older adults 60 years and older to preserve their autonomy and independence. Curb-to curb transportation services is provided and enables family caregivers to work and continue caring for the frail and disabled.

b. Federally Funded Services

1) Congregate Meals

Kaua'i Economic Opportunity, Inc. (KEO) was also awarded the contract to implement and administer the congregate meals program. The menu offers a variety of local favorites for our elderly. The menu is certifies annually by a registered dietician.

Congregate meal- this service provides meals to eligible participants 60 years and older at the senior centers in a congregate setting. A nutritious meal which complies with the Dietary Guidelines is provided. The congregate meal program includes 6 senior centers which include Kekaha, Waimea, Kaumakani, Koloa, Līhu'e, Kīlauea. Each congregate site is staffed with volunteers under the supervision of a Project Director,

2) Legal Assistance

The Legal Assistance Program is for the elderly 60 years and older, through contract with the Seniors' Law Program, Inc. Legal services include assistance with living wills and power of attorney, consumer issues, securing of public benefits and entitlement, long term care and housing.

A senior serviced by the Seniors' Law Program has an interview with an attorney specializing in senior law matters. The attorney also does educational presentations, outreach, and writes newspaper articles. Paralegal involvement is restricted to initial interview packages and documentation preparation.

3) Respite Care

Agency on Elderly Affairs contracted Nursefinders of Kaua'i to provide in-home respite services. Caregiving is provided for impaired older persons living at home by spouses, and family members.

In-home respite services are available to support the client and the caregiver to continue providing care at home and giving caregivers a brief period of relief or rest. In-home respite services may include the following: providing caregiver relief by assisting in the supervision and care of frail older adults, via services such as; stand by assistance, watchful oversight, providing cues, preparing meals, limited shopping, managing money, assisting with telephone use, and housekeeping. In addition, on an as needed basis, assistance with bathing, self administered medications, dressing, personal appearance, feeding and toileting is also provided.

4) Caregiver Support Services

The Alzheimer Association was awarded a contract to provide one-to-one counseling, group training sessions, facilitates support groups, and coordinated an annual caregiver conference.

Counseling to caregivers includes assisting them in making decisions and solving problems relating to their caregiver roles. This includes counseling to individuals, support groups, and caregiver training of individual caregivers and families.

5) Grandparents Raising Grandchildren

Child & Family Service was awarded a contract to provide grandparents raising grandchildren supportive programs and services that address their needs to enable them to continue giving care.

c. Direct Services provided by the Agency on Elderly Affairs

1) Information and Referral



The information and Referral component is to help older adults 60 years and older to maintain their independence and dignity and to link them with the agencies who can help to meet their needs.

Three types of services are provided: 1) **Information**—providing information to seniors 60 years and older and their families about available services, 2) **Referral**—linking or referring them to the appropriate agencies that can help meet their needs 3) **Outreach**—identifying seniors in the community to acquaint them with available services.

2) Friendly Visiting

Friendly visiting services are provided to homebound elderly who are physically or socially isolated. These volunteers regularly visit with the frail elderly to check on them and keep them abreast of community activities. They provide the link to keeping them in contact with the community.

3) Telephone Reassurance

This project offers homebound, isolated elderly persons a means of reassurance through regular telephone calls from volunteers.

4) Home Services Registry

The Registry is a listing of workers who are interested in being referred to elderly persons who are willing to pay for in-home services (including housekeeping, companion, escort, personal care, nursing care, live-in). The Registry service acts as a linkage between possible workers and the person in need/families; working arrangements are made between the elderly person/family and the worker.

5) Senior Companion Program

Senior Companions under the State Department of Human Services are placed as volunteers at the Agency on Elderly Affairs. Companions must be at least 60 years of age, income-qualified, and be physically able to work 20 hours per week. The Companions serve the homebound elderly, providing companionship and assistance in the home. Benefits include a modest tax-free stipend, transportation allowance, liability insurance while on duty, meal allowance, and an annual physical examination.

6) RSVP

RSVP provides meaningful volunteer opportunities for persons 55 years and older to remain as active, contributing members of the community through volunteer involvement. Volunteers can do a wide variety of volunteer work that could include work at one of the volunteer stations.

3. Activities

- a. The Alzheimer's Association launched its pilot Visiting Geriatrician Program on Kauai. The specialist from Queens Medical Centers was flown to fly Kauai. Residents were encouraged to bring family members who may have Alzheimer's for a consultation with the geriatrician. Currently Kauai does not have a resident geriatrician.

The geriatrician was able to provide an assessment and confirm an Alzheimer's diagnosis. He also provided consultation, counseling, and recommendations for treatment and medication to the patient's primary care physician.

The program provided families with immediate access to both medical and community resources on Kauai. The Alzheimer's Association currently provides services for caregivers which include support groups, individual consultation, caregiver training, informational services and a movie series.

- d. I&R staff conducted outreach activities at different venues including the County Health & Wellness Fair, Na Keiki Aloha O Na 'Ohana Conference, and Prime Time Wellness Fair.
- e. The Senior ID Program was held at different locations each month at the Waimea Neighborhood Center, Kalāheo Neighborhood Center, Hanapēpē Neighborhood Center, Līhu'e Neighborhood Center, Līhu'e County Complex, Hale Kupuna Elderly Housing, Sun Village, The Regency at Puakea, Mahelona Elderly Housing and Port Allen Senior Housing.
- h. The 38<sup>th</sup> Annual Volunteer Recognition Day Luncheon held December 2010 honored volunteers who provided many hours (minimum of 48 hours) towards helping agencies, organizations and community. The RSVP Council members planned the event. Special recognition was given to those serving 30, 25, 20, 15, 10, and 5 years as a volunteer.

- i. RSVP staff as well as AEA staff participated in the Martin Luther King (MLK) Day on January 17, 2011 from 10:30 am to 1:30 pm at Kukui Grove. Kauai RSVP joined in the event to promote the importance of service to our island community and promote the cell phone recycling program. Money received from this cell phone drive will be donated to Habitat for Humanity.
- j. KAEA Information & Referral staff did presentations on the Aging and Disability Resource Center (ADRC) website at the Hanapēpē, Kōloa, Kaumakani, Hanapēpē, Kīlauea, Kapaa and Lihue Senior Centers.

#### **IV. Program Measures - Accomplishments/Evaluation**

##### **A. Aging and Disability Resource Center (ADRC)**

ASN Consulting Services continued with documentation of KAEA operations and functions specifically in the areas of intake and screening, case management, referral to other agencies, home visits and person centered planning. While the State Systems Change Consultant is scheduled and assigned to work on the statewide protocols in these areas, ASN Consulting Services has found that the Agency on Elderly Affairs has already been performing these functions of a fully functioning ADRC criterion.

Site visits to the KAEA office were conducted by ASN Consulting Services to meet with the Agency Executive and staff members. This included attendance and ADRC presentation at the Kauai Summit Meeting on May 26<sup>th</sup> and site visits also included meetings with Kauai Center of Independent Meeting, Veterans Administration on Kauai, Adult Mental Health, Developmental Disabilities Division, Hale Kupuna Heritage Home and Vocational Rehabilitation & Services for the Blind.

##### **B. Better Choices, Better Health**

Since August of 2008, 12 six-week workshop series have been held and the program has served 95 participants (95 of 113 completed at least 4 sessions of the 6-session workshops).

Each workshop is led by a two-person team of Lay Leaders and/or Master Trainers. Four Master Trainers and 17 Lay Leaders have been trained to facilitate the workshops. Currently, because of attrition, there are 4 Master Trainers and 11 Lay Leaders available on Kaua'i.

Participants have reported an increase in healthful behaviors (i.e., exercise, coping, better communication) and improved health status.

C. Congregate Meals

The congregate meals were able to provide nutrition services to enhance the nutritional health of 232 elderly individuals 60 years and older who do not eat adequately because of the following:

- They cannot afford to do so;
- They lack the skills to select and prepare nourishing and well-balanced meals;
- They have limited mobility which may impair their capacity to shop and cook for themselves; and/or
- They have feelings of rejection and loneliness that it would help them to be in a congregate setting.

V. Budget

The program year for the Federal Title III B, Title III C, Title III D, Title III E and State Purchase of Service grants is from July 1, 2010 to June 30, 2011. Fiscal resources for this period were:

<u>Federal:</u>	<u>FY 11</u>
Title III B Support Services	\$221,750
Title III C-1 Nutrition, Congregate	177,144
Title III C-2 Nutrition, Home-Del.	88,048
Title III D Health Promotion	7,678
Title III E Caregiver Support Program	56,194
RSVP	<u>78,559</u>
	\$629,373

<u>State (Purchase of Service):</u>	
Adult Day Care	68,960
Case Management	65,302
Homemaker/Housekeeping	68,262
KC Transportation	125,934
Nutrition	133,042
Personal Care	74,888
Chore	0
Elder Abuse Prevention	0
Area Agency Administration	<u>44,196</u>
	\$580,584

<u>County:</u>	
County General Funds	<u>\$1,311,981</u>
	\$1,311,981

TOTAL (FY2011) \$2,521,938

**VI. Statistics**

**A. Kupuna Care Services**

	<u>'11 Estimate</u>	<u>'11 Actual</u>
<u>Adult Day Care</u>		
To provide frail, disabled and/or cognitively impaired older persons with supervision at an Alzheimer's Day Care; to provide restorative or rehabilitative services for older adults.		
# of older adults served	50	27
# of units	16,000	16,805
 <u>Case Management</u>		
To provide case management services to functionally dependent older adults.		
# of older adults served	100	73
# of hours	1,633	620
 <u>Home Delivered Meals</u>		
To deliver meals to homebound older persons five days a week.		
# of older adults served	300	326
# of meals	56,508	51,221
 <u>Homemaker/Housekeeping</u>		
To provide homemaker/housekeeping service to frail, older individuals.		
# of older adults served	25	39
# of hours	2,340	2,309
 <u>Kupuna Care Transportation</u>		
To provide curb to curb service with a helpful driver.		
# of adults served	125	147
# of one-way trips	15,100	17,196
 <u>Personal Care</u>		
To provide personal assistance for frail, older adults.		
# of older adults served	25	23
# of hours	2,862	2,457

B. Federal Services

	<u>'11 Estimate</u>	<u>'11 Actual</u>
<u>Congregate Meals</u>		
To implement a nutrition program which provides older individuals with congregate meals and nutrition education sessions.		
# of older adults served	175	232
# of meals	11,538	12,644
 <u>Family Caregiver Support</u>		
<u>Caregiver Counseling and Training</u>		
To provide counseling and training for individuals who are caregivers of frail elders.		
# of caregivers	50	193
# of counseling sessions	100	115
# of training sessions	15	11
# of support group sessions	24	27
# of information activities	7	8
 <u>Grandparents Raising Grandchildren</u>		
To provide counseling and training for individuals who are caregivers of children (infant-17years old).		
# of respite care	10	9
# of training sessions	6	5
# of support group sessions	15	15
 <u>Legal Assistance</u>		
To provide legal assistance services to older vulnerable individuals		
# of older adults served	400	353
# of hours	2,000	2,194
 <u>Respite Care</u>		
To provide caregivers a brief period of relief or rest by providing in-home respite services.		
# of older adults served	10	12
# of hours	993	782

C.	Other Federal Grant	<u>'11 Estimate</u>	<u>'11 Actual</u>
	<u>RSVP</u>		
	To provide volunteer opportunities.		
	# of RSVP volunteers	525	511
	# of volunteer hours	70,000	57,938
D.	Direct Services		
	<u>Information &amp; Referral</u>		
	To provide information on available services and make linkages to appropriate agencies.		
	# of older adults served	1,400	1,223
	# of information and referral contacts	8,000	6,699
	<u>Outreach</u>		
	To identify potential clients.		
	# of older adults identified/registered	1,200	980
	# of senior I.D. sessions	12	996
	<u>Telephone Reassurance</u>		
	To make phone contact with isolated seniors.		
	# of older adults served by a caller	20	24
	# of phone calls	2,080	789
	<u>Friendly Visiting</u>		
	To provide companionship.		
	# of older adults served by a friendly visitor	50	10
	# of visits	800	53
	<u>Senior Companion Program</u>		
	To provide companionship and assistance to frail, homebound older adults.		
	# of older adults served by a senior companion	30	12
	# of hours provided by a senior companion	5,200	1,959

## VII. Holo Holo 2020 Projects & Status

### A. EnhanceFitness Program

With the launch and implementation of EnhanceFitness on July 9, 2007 at two sites and now the program has since expanded to a total of seven sites and eight classes. A new EnhanceFitness site started on November 29, 2010 at the Kapa‘a United Church of Christ. All other classes are at the neighborhood centers. The church provides the use of the social hall in-kind to the program. This site started with 16 participants.

The program has served 264 participants. There are currently 176 active participants enrolled in the program. Data and evaluation by the University of Hawaii indicates that the average age of Kauai’s participants is 77 years old. Fitness Checks evaluate participants’ progress and indicate that Kauai’s participants have shown improvements in strength (lower and upper body) and reduction in falls. Participants have expressed their appreciation for the program as it has helped them with their energy, stamina, strength and balance. An added benefit is their opportunity to meet new people and develop new friendships in this group design exercise setting. The chart below shows the number of enrolled participants and those on a waitlist:

Site	# enrolled (max. 22)	# on waitlist
Kekaha	21 and 1 enrolling	5 (4 want to remain on list; 1 under 60 years)
Waimea	21 and 1 enrolling	4
Kaumakani	22	5
Kōloa	22	11
Lihue	20 and 2 enrolling	29*
Līhu'e II	19 and 3 enrolling	23*
Kapaa	20 and 2 enrolling	13
Kīlauea	20 and 2 enrolling	7

\*12 are on both Lihue and Lihue II waiting list

### B. Support Grandparents Raising Grandchildren

The 5<sup>th</sup> Annual Na Keiki Aloha O Na ‘Ohana Conference for “‘Ohana Caregivers” raising children was held at the Kauai Beach Resort on November 4<sup>th</sup>, 2010. The conference was enjoyed by all, caregivers and agency staff. Caregivers in attendance strongly agreed that the information shared was useful. A panelists of speakers including Thomas Nizo, Scott Sato, and Chucky Boy Chock shared experiences of being raised by grandparents. The featured speaker was Wendy Peltier, who delivered a message of hope and inspiration while sharing her personal experiences of kinship, foster care and the challenges of teen life. Terri



Halliday, a certified health and fitness professional and EnhanceFitness master trainer, also lended her expertise.

Community organizations which supported this event were AARP, Alu Like Inc., Child & Family Service, County of Kaua'i, State Department of Health – Executive Office on Aging, Good Beginnings Alliance, Kaua'i Mokihana Festival, and Queen Lili`uokalani Children's Center.

C. Implement Area Plan

Agency on Elderly Affair's (AEA) 4-Year Area Plan on Aging (from October 1, 2011 through September 30, 2015) was approved by Mayor Carvalho and County Council. It serves as the blueprint and framework for program development and service delivery for the next four years and is a compliance document that will enable the County's AEA to receive federal funds and administer programs and services for older adults as an Area Agency on Aging. The 4-Year Area Plan on Aging is posted on [www.kauaiadrc.org](http://www.kauaiadrc.org) website for review.