



THE COUNTY OF KAUA'I

DEREK S. K. KAWAKAMI, MAYOR

MICHAEL A. DAHILIG, MANAGING DIRECTOR

News Release

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KAUA'I POLICE DEPARTMENT
TODD G. RAYBUCK, CHIEF
Tel (808) 241-1600
Fax (808) 241-1604

K-PAL announces 2020 registration

LĪHU'E – The Kaua'i Police Activities League (K-PAL) is currently accepting registrations for its 2020 programs at www.kauai.gov/kpal.

K-PAL is a non-profit organization coordinated by the Kaua'i Police Department, offering various islandwide programs to approximately 1,000 keiki ages 5 to 18. Its goal is to encourage good behavior, a healthy lifestyle, deter youth from illegal drugs and crime, and help them reach their full potential.

Islandwide flag football will be offered for keiki grades K-8 with practices starting in May. All games will be played at the Vidinha Stadium Expansion Field on Saturdays in June and July, with the exception of July 4.

The boxing program is currently open for keiki grades K-12. Practices are held from 5 to 6 p.m. (elementary school ages), 6 to 7 p.m. (middle school ages) and 7 to 8 p.m. (high school ages) on Mondays and Wednesdays at the K-PAL Youth Center at Kukui Grove Center. All Girls Boxing is held from 6 to 7:15 p.m. on Thursdays at the K-PAL Youth Center at Kukui Grove Center.

The Kapa'a wrestling program will be offered for keiki grades K-12. Practices are to be announced and will be at the K-PAL Youth Center behind the Samuel Mahelona Memorial Hospital in Kapa'a.



The Līhu'e wrestling program will be offered for keiki grades 3-12 in February. Practices are held from 5:30 to 7 p.m. on Tuesdays and Fridays at the K-PAL Youth Center at Kukui Grove Center.

The Waimea wrestling program is currently open for keiki grades K-12. Practices are held at 6:30 p.m. on Fridays at the Westside Wrestling Club facility located at the Waimea Baptist Church. All tournaments are projected for April with dates to be determined.

The fee to register is \$25 per program; however, exceptions may be granted for those with meal eligibility from the state Department of Education.

For more information on the K-PAL program, to register as a volunteer coach, or to request an ASL interpreter, materials in an alternate format, or other auxiliary aid support, or an interpreter for a language other than English, visit the K-PAL website at www.kauai.gov/kpal, call Sgt. Lance Okasaki at 241-1647 or email kpai@kauai.gov.





Photos courtesy of K-PAL.

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