

BERNARD P. CARVALHO JR.
Mayor



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COUNTY OF KAUA'I
OFFICE OF THE MAYOR

News Release

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Public invited to participate in Fitness Week Rice, Rice Street Block Party

LĪHU'E – In order to promote healthy lifestyles, the County of Kaua'i is teaming up with Get Fit Kaua'i for Fitness Week on Rice through Nov. 16, culminating with the Rice Street Block Party on Nov. 17.

"It's so exciting to see the community come together to promote healthy, active living, and economic development in our Līhu'e Town Core. Līhu'e is the heart of Kaua'i, and you can feel the energy building," said Mayor Bernard P. Carvalho Jr.

Fitness studios are opening their doors with special offers so that the public can participate in fitness activities during the week. A Fitness Challenge punch card can be downloaded at Get Fit Kaua'i's Fitness Week on Rice web page,

<https://getfitkauai.com/fitnessweek/>.

You earn a star each time you try a class or training at a studio (one star per studio). You are allowed to earn up to five stars. Participating fitness studios include Ala Yoga, Au 'rai Fitness, Barre Soul Deux, Ho'ola Lahui Hawai'i, Island Ride Kaua'i, Kaua'i Athletic Club, Pineapple Pilates, and Trinity Fitness.

Following all of the Fitness Week on Rice activities, bring your challenge card to the Rice Street Block Party on Nov. 17 to earn prizes.

This is the second year for the Rice Street Block Party, which will run from 4 to 8 p.m. on Rice Street from the Rice Shopping Center to Hardy/Kalena streets.

Rice Street between Umi Street and Hardy/Kalena Streets will be closed from 2 to 10 p.m. on Nov. 17. Umi, Hardy, and Kalena streets will remain open.

The family-friendly Block Party features food trucks, vendors, a keiki zone, and live music including taiko drumming, and more. New this year is the “Art Feast,” with live mural painting by numerous street artists.

Free parking is offered at Vidinha Stadium, and The Kaua’i Bus will be operating a free shuttle between Vidinha Stadium and the Block Party from 4 to 8 pm. Participants may also park and walk from the Līhu’e Civic Center.

Kalena Park will have activities all day on Nov. 17, including a 3-on-3 basketball tournament.

If you need an ASL Interpreter, materials in an alternate format, or other auxiliary aid support, or an interpreter for a language other than English, please contact the Kaua’i County Planning Department at 241-4050 or planningdeterminations@kauai.gov before the event.

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