

Kilauea Senior Calendar
 * 2460 Keneke Street * Phone: 828-1421

January 2019

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	1 New Years Day Center Closed	2 Enhance Fitness 7:30-8:30 Steering Comm Mtg 8:30-9:30 Chair Yoga 9:30-10:00 Bingo 10:00 Nutrition 11:00-12:00	3 Zumba 8:00 - 9:00	4 Enhance Fitness 7:30-8:30 Tai Chi 9:00 - 10:30 Pickleball 9:00 - 1:00
7 Enhance Fitness 7:30-8:30 Ukulele 9:00-11:00 Nutrition 11:00-12:00	8 Outreach: Kauai Care Center Waimea Pickleball 9:00 - 1:00	9 Enhance Fitness 7:30-8:30 Assembly: 9:00 - 9:30 Chair Yoga 9:30-10:00 Miles Walters (Na Aina Hou) 10:00 - 11:00 Nutrition 11:00-12:01	10 Zumba 8:00 - 9:00	11 Enhance Fitness 7:30-8:30 Tai Chi 9:00 - 10:30 Pickleball 9:00 - 1:00
14 Enhance Fitness 7:30-8:30 Ukulele 9:00-11:00 Nutrition 11:00-12:00	15 Pickleball 9:00 - 1:00	16 Enhance Fitness 7:30-8:30 Assembly: 9:00 - 9:30 Chair Yoga 9:30-10:00 Origami/Crafts: 10:00 - 11:00 Nutrition 11:00-12:00	17 STEVE KELLY & THE CHERRY CHERRY BAND IN CONCERT @ WAIMEA THEATER Zumba 8:00 - 9:00	18 Enhance Fitness 7:30-8:30 Tai Chi 9:00 - 10:30 Pickleball 9:00 - 1:00
21 MLK Center Closed	22 Shopping: Safeway Lihue Pickleball 9:00 - 1:01	23 Enhance Fitness 7:30-8:30 Assembly: 9:00 - 9:30 Chair Yoga 9:30-10:00 Speaker: Kauai Museum 10:00 Nutrition 11:00-12:00	24 Zumba 8:00 - 9:00	25 Enhance Fitness 7:30-8:30 Tai Chi 9:00 - 10:30 Pickleball 9:00 - 1:00
28 Enhance Fitness 7:30-8:31 Ukulele 9:00-11:01 Nutrition 11:00-12:01	29 Pickleball 9:00 - 1:01	30 Enhance Fitness 7:30-8:30 Assembly: 9:00 - 9:30 Chair Yoga 9:30-10:00 Sushi Making: 10:00 - 11:00 Nutrition 11:00-12:00	31 Zumba 8:00 - 9:00	