

Koloa Senior Activity Calendar MARCH 2020

Koloa Neighborhood Center
3461 Weliweli Road
Koloa, HI 96756
(808) 742-1313

Monday	Tuesday	Wednesday	Thursday	Friday
2 Ukulele 8:15-10:15a Exercise w/ Rose 10:30-11:30a KEO Congregate Meal 11a-12p EnhanceFitness 1-2p	3 Tai Chi 9:30a	4 Senior Assembly 9:30-11a Chinese Auction KEO Congregate Meal 11a-12p	5 Tai Chi 9:30a EnhanceFitness 1-2p	6 Senior Yoga 9:30-10:30a Line Dance 8-10a EnhanceFitness 1-2p
9 Ukulele 8:15-10:15a Exercise w/ Rose 10:30-11:30a KEO Congregate Meal 11a-12p EnhanceFitness 1-2p	10 Tai Chi 9:30a	11 Senior Shopping Walmart	12 Tai Chi 9:30a EnhanceFitness 1-2p	13 Senior Yoga 9:30-10:30a Line Dance 8-10a EnhanceFitness 1-2p
16 Ukulele 8:15-10:15a Exercise w/ Rose 10:30-11:30a KEO Congregate Meal 11a-12p EnhanceFitness 1-2p	17 Tai Chi 9:30a	18 Kukui'ula Harbor Lunch KEO Congregate Meal 11a-12p	19 Tai Chi 9:30a EnhanceFitness 1-2p	20 Senior Yoga 9:30-10:30a Line Dance 8-10a EnhanceFitness 1-2p
23 Ukulele 8:15-10:15a Exercise w/ Rose 10:30-11:30a KEO Congregate Meal 11a-12p EnhanceFitness 1-2p	24 Tai Chi 9:30a	25 Senior Bingo Birthday Recognition Jan Feb Mar KEO Congregate Meal 11a-12p	26 Prince Kūhi'ō Day Holiday Center Closed	27 Senior Yoga 9:30-10:30a Line Dance 8-10a EnhanceFitness 1-2p
30 Ukulele 8:15-10:15a Exercise w/ Rose 10:30-11:30a KEO Congregate Meal 11a-12p EnhanceFitness 1-2p	31 Tai Chi 9:30a			

Calendar events or times are subject to change without notice
Go to County of Kaua'i website for more info on Senior Programs.
www.kauai.gov