

Marilyn Matsumoto (President)	Līhu'e Senior Activity Calendar				Līhu'e Neighborhood Center
		MARCH 2020			3353 Eono Street
					Līhu'e, HI 96766
					(808) 241-6858
Monday	Tuesday	Wednesday	Thursday	Friday	
2	3	4	5	6	
8:15-10:30 - Line Dance 10:30-12:00 - Tai Chi	8:00-9:00- Steering Committee 9:00-11:30 - Gen Assembly/BINGO 12:00-2:00 - Filipino Dance 2:00-3:00 Japanese Dance	8:30-11:30 - Bonsai 9:00-11:00-'Ohana Guitar 10:00-11:30 - Hula	8:00 - 11:00 - Kōkua Craft 1:00-3:00p Qi Gong 3:50-5:10p - Yoga Class	8:30-10:00 Nordic Walk 9:00-11:00 Ukulele	
12:30/1:45 EnhanceFitness	3:50-5:10p Yoga Class	12:30/1:45 Enhance Fitness		12:30/1:45 Enhance Fitness	
9	10	11	12	13	
8:15-10:30 - Line Dance 10:30-12:00 - Tai Chi	Excursion: Whale Watching Lve/Rtn: (1st) 8a/12p (2nd) 12:30/4p 12:00-2:00 - Filipino Dance 2:00-3:00 Japanese Dance	8:30-11:30 - Bonsai 9:00-11:00-'Ohana Guitar 10:00-11:30 - Hula	8:00 - 11:00 - Kōkua Craft 1:00-3:00p Qi Gong 3:50-5:10p - Yoga Class	8:30-10:00 Nordic Walk 9:00-11:00 Ukulele	
12:30/1:45 EnhanceFitness	3:50-5:10p Yoga Class	12:30/1:45 Enhance Fitness		12:30/1:45 Enhance Fitness	
16	B-DAY CELEBRATON (1,2,3)17	18	19	20	
8:15-10:30 - Line Dance 10:30-12:00 - Tai Chi	9:00-11:30 - General Assembly Guest: Diane DeHart w/ Emg Prep 12:00-2:00 - Filipino Dance 2:00-3:00 Japanese Dance	8:30-11:30 - Bonsai Outreach: Line Dance 9:00-11:00-'Ohana Guitar 10:00-11:30 - Hula	8:00 - 11:00 - Kōkua Craft 1:00-3:00p Qi Gong 3:50-5:10p - Yoga Class	8:30-10:00 Nordic Walk 9:00-11:00 Ukulele	
12:30/1:45 EnhanceFitness	3:50-5:10p Yoga Class	12:30/1:45 EnhanceFitness		12:30/1:45 Enhance Fitness	
23	24	25	26	27	
8:15-10:30 - Line Dance 10:30-12:00 - Tai Chi	9:00-11:30 - General Assembly Fun Day 12:00-2:00 - Filipino Dance 2:00-3:00 Japanese Dance	8:30-11:30 - Bonsai 9:00-11:00-'Ohana Guitar 10:00-11:30 - Hula	Holiday Prince Kuhio Day 	8:30-10:00 Nordic Walk 9:00-11:00 Ukulele	
12:30/1:45 EnhanceFitness	3:50-5:10p Yoga Class	12:30/1:45 EnhanceFitness		12:30/1:45 Enhance Fitness	
30	31	NOTES:			
8:15-10:30 - Line Dance 10:30-12:00 - Tai Chi	Excursion: Ching Young Village TF Foodbank Lve: 8:30a Rtn: 1:00p 12:00-2:00 - Filipino Dance 2:00-3:00 Japanese Dance	AARP Tax: March 3, 9:00A-11:30A Outreach (3/18): Line Dance to Garden Island Health Care			
12:30/1:45 EnhanceFitness	3:50-5:10p Yoga Class				
Calendar events or times are subject to change w ithout notice					
Go to County of Kauai website for more info on Senior Programs.					
www.kauai.gov					