

Kaua'i County Directory of Resources

Directory of local & state resources assisting with some of the most essential needs during the pandemic, including programs for everyone - from keiki to kupuna! Remember to check for updates on each program as services may change anytime.



HEALTH CARE SERVICES

If you are uninsured or close to losing health care coverage, contact Med-QUEST for the Medicaid & CHIP programs. You may be eligible now. ☎️ 1(800) 316-8005 or apply online at <https://medical.mybenefits.hawaii.gov> or For language assistance completing applications, please contact:

- [Helping Hands](#) provides interpretation services to assist access to health care & social services. ☎️ (808) 526-9724
- [We are Oceania](#) (WAO) for communities from Micronesia, Marshall Islands, & Palau, **COVID-19 helpline** ☎️ (808) 913-1364
 - Or ☎️ (808) 294-1692 / 3601 / 0533 / 2861

Other affordable health care providers are:

- [Ho'ola Lahui Hawai'i](#): sliding scale rate. ☎️ (808) 240-0100
- [Malama Pono Health Services](#) (MPHS) reproductive health & case management. ☎️ (808) 246-9577
- [HMSA's Online Care](#): affordable telehealth for **anyone** 18+ years in Hawai'i
- The [Department of Education](#) (DOE): no-cost health advice & telehealth appointments for Hawai'i DOE students. ☎️ (844) 436-3888
- [Project Vision](#): no cost screening & reading glasses. ☎️ (808) 201-3937



COVID 19 Vaccines

The Kaua'i's vaccination plan is in action &, while the number of doses is still limited, supplies will increase over time. Be ready! Talk with your health care provider if you have any questions & follow only official sources. It is expected that all adults in Kaua'i County will be able to get vaccinated soon. Please, visit kauai.gov/COVID-19 for updates.

COVID-19 Testing

Screenings tools are available at:

- The University of Hawai'i (includes language access options.) ☎️ (808) 692-1060 or https://hawaii.virtriage.com/#/uh_covid19
- The CDC's Coronavirus Self-Checker: <https://www.cdc.gov/coronavirus/2019-ncov/if-you-are-sick/steps-when-sick.html#>

Testing sites are available at:

- [The Wilcox virtual Clinic](#) ☎️ (808) 462-5430
- [Ho'ola Lahui Hawai'i](#) ☎️ (808) 240-0100
- [MPHS](#) ☎️ (808) 246-9577
- [DLS](#) Lihue ☎️ (808) 245-7130

Telehealth

You can continue with your treatments & appointments via telehealth. Contact your Dr. & insurance for more information.

- [Kaiser Permanente](#): ☎️ (808) 246-5600.
- [HMSA](#) ☎️ (808) 948-6079
- [Pacific Basin Telehealth Resource Center](#) for more information. ☎️ (808) 956-2514





HEALTHY FAMILIES

It is common to feel stressed or anxious during this time. If you or a loved one is experiencing emotional or mental health issues, please ☎️ 1(800) 753-6879 or text the word “ALOHA” to 741741 for support. **Multilingual services available.**

- DOH Child & adolescent mental health [services](#) at the [Kauai Family Guidance Center](#), ☎️ (808) 274-3883
- DOH Adult mental health & case management, ☎️ (808) 643-2643
- Telepsychiatry & telepsychology, visit <https://hawaii.virtriage.com/#/uhtelepsych>
- Mental Health Pro Bono offers telehealth options <https://hawaiiopsychology.org/>
- [Suicide Prevention Resource Center](#): 24/7, confidential support for people in distress & resources for you & your loved ones, ☎️ 1(800) 273-8255. Options for Deaf & Hard of Hearing available.
- Support for sexual & gender minorities:
 - LGBTQ++ tools & information at the [Sexual & Gender Minorities \(SGM\) Resource Hub](#).
 - [Malama Pono Health Services](#) provides counseling & hormone replacement therapy, & PrEP access & management. ☎️ (808) 246-9577
 - The [YWCA](#) offers LGBTQ support & information. ☎️ (808) 245-5959 x256 or email matthew@ywcakauai.org

Assistance during crisis

- [YWCA](#): Case management & crisis intervention ☎️ (808) 245-6362 / 4144
- [Women in Need \(WIN\)](#): support for women & children with a history of domestic violence, substance abuse, or incarceration. ☎️ (808) 245-1996
- [Child Abuse or Neglect Reporting Hotline](#): to report a suspect case or for information, ☎️ (808) 832-5300 or 1(888) 380-3088
- Virtual Family Assistance Center by the Red Cross. Visit www.redcross.org/VFAC or ☎️ 1(833) 492-0094 (toll-free)

Childcare & Children’s Programs

For help looking for affordable childcare, contact:

- [PATCH](#) (People Attentive to Children) at mkelley@patch-hi.org or ☎️ (808) 246-0622
- [INPEACE](#) (The Institute for Native Pacific Education & Culture Help) at laciec@inpeace.org or ☎️ (808) 245-0045
- [Child Care Connection Hawai'i](#) offers subsidy programs for income eligible families. ☎️ (808) 245-2193

Other support programs for children & youth:

- The [Easter Seals Kauai](#)'s Early Intervention program supports the development of infants, ages 0-3. ☎️ (808) 245-7141
- [Hale 'Ōpio](#): Live & virtual programs, case management, & support for youth & families. ☎️ (808) 245-2873
- [The Boys & Girls Club of Kauai](#): after-school programs. Contact each Club House for information: Kapa'a ☎️ (808) 821-4406; Lihue (808) 245-2210; & West Kauai (808) 320-8353
- [Keiki to Career](#): Information for parents & children. Visit their [FB page](#) or ☎️ (808) 632-2005
- More resources by the Executive Office on Early Learning: <http://sites.google.com/eoel.hawaii.gov/covid-19/home>

Support for Parents

- [Queen Liliuokalani Trust](#): Social services for Native Hawaiian families. ☎️ (808) 245-1873
- [The Parent Line](#): free & confidential support on kids' behavior. ☎️ 1(800) 816-1222
- [Healthy mothers, healthy babies](#) offers virtual new-parent support group & telehealth lactation services. ☎️ (808) 737-5805
- [Family Hui Hawai'i](#): Peer-led parenting group for families with keiki ages 0-5. Visit their [FB page](#) or ☎️ (808) 230-7112



FOOD ACCESS

Food resources are open to ANYONE experiencing food insecurity. The availability of food services changes constantly. **Please contact the provider & check for eligibility before visiting any center.**

Food Emergency Meals & Pantries

List of some of the pantries, meals, & emergency food providers available for anyone facing food insecurity. **Availability of food services changes daily, PLEASE CALL FIRST.**

North

- St. William Church at Hanalei Colony Resort, Haena ☎(808) 346-2850
- St. William Church, Hanalei ☎(808) 346-2850
- Church of the Pacific, Princeville ☎(808) 826-6481
- North Shore Food Pantry, Kilauea. Anaina Hou Community Park ☎(970) 618-8889

East

- Anahola Beach Park, Anahola ☎(808) 826-6481
- U-Turn for Christ, Anahola ☎(808) 778-4751
- Hale Ho'omaluu, Kapa'a ☎(808) 821-2520
- Kapa'a Missionary Church ☎(808) 822-5594
- St. Catherine's, Kapa'a ☎(808) 635-3722
- Kauai Lighthouse Outreach Center, Kapa'a ☎(808) 631-1179

Central & South

- Kings Chapel, Hanamaulu ☎(808) 335-6845
- Hui O N Makuhine, Central coverage area ☎(808) 639-1070
- KEO, Lihu'e ☎(808) 245-4077
- Lihu'e Salvation Army ☎(808) 245-2571
- QLIC's Kīpuka Kaua'i, Lihu'e ☎(808) 245-1873
- St Raphael Church, Koloa ☎(808) 742-1955
- Holy Cross/Sacred Heart, Kalāheo ☎(808) 651-9725

West

- King's Chapel, 'Ele'ele ☎(808) 335-6845
- Hanapepe Salvation Army ☎(808) 335-5441
- Nana's House, Waimea ☎(808) 338-0252
- Westside Christian Center AOG, Kekaha ☎(808) 643-7040

For an updated list, ☎(808) 828-0685 x23 or visit www.malamakauai.org

Community Resources

- [Hawai'i Food Bank-Kauai Branch](#), in addition to the food pantry, check for [Pop UP Food Distribution Programs](#). ☎(808) 482-2224
- [Kauai Independent Food Bank](#), in addition to their food pantry, check for [Community Food Distributions](#) ☎(808) 246-3809
- [Malama Kauai](#) offers free CSA Box Delivery for families with limited transportation. [Intake Form ONLINE](#). ☎(808) 828-0685 x23
- **Kūpuna & houseless meals distribution programs for seniors 65+.** Call for eligibility & registration:
 - [E Ola Mau Nau Leo O Kekaha](#) ☎(808) 346-7400
 - [Nourish Kauai](#) ☎(808) 635-3722.
 - [Kauai Economic Opportunity](#) ☎(808) 245-4077
 - KGEFCU & [Common Ground](#) ☎(650) 576-9875
 - The [Agency of Elderly Affairs](#) (AEA) provides assistance to seniors. ☎(808) 241-4470
 - [Our Kupuna](#) can deliver food and other necessities to adults 65+. ☎(808) 400-4506
- [The Kauai Humane Society](#) may offer assistance with food for pets. ☎(808) 632-0610

Supplemental Resources

The CARES Act provides supplemental funding for nutrition programs, including:

- [Supplemental Nutrition Assistance Program](#), SNAP ☎(808) 274-3371
 - After receiving your SNAP card, sign up for the [Da Bux CARD](#) for 50% discounts on qualifying local fresh produce.
- [Supplemental Nutrition for Women Infants, & Children](#), (WIC) ☎(808) 241-3080
- **Public Assistance** ☎(855) 643-1643



HOUSING

Loan services & landlords are encouraged to work with mortgage holders & renters affected by the COVID-19 emergency to find the best options.

Shelters

For emergency shelter & support:

- [Kauai Economic Opportunity INC](#) (KEO) ☎ (808) 245-4077
- [YWCA](#) for people experiencing domestic or sexual violence. ☎ (808) 245-5959
- [Women in Need](#) for women & children. ☎ (808) 245-1996
- Houseless Hawai'i residents who wish to shelter in place at a County campground, please call first to request a permit. ☎ (808) 241-4460

Renters

Moratorium on evictions: Evictions for failure to pay rents, leases, or other related charges, & rent increase are **prohibited** during this emergency.

- Public Housing, Section 8, USDA rural housing, or Low- Income Housing Tax Credits program are also eligible.
- After the moratorium ends, renters will be responsible for making payments.

For questions or legal advise, contact Legal Aid ☎ 1(800) 499-4302.

Homeowners

Government-guaranteed mortgages such as FHA, USDA, VA, HUD Sec 184, [Fannie Mae](#), or [Freddie Mac](#), are eligible for interest & **penalty-free forbearance** (payments can be paused) for at least 6 months & up to one year.

Assistance

Families looking for information on housing assistance, please ☎ 211 and contact:

- The [Hawai'i Rent Relief & Housing Assistance Program](#) (RRHAP) for assistance to Hawai'i residents with rent and mortgage payments. For updates, visit www.hihousinghelp.com or ☎ 211 or (808) 521-4357
- [Women in Need](#) for emergency assistance and transitional housing opportunities. Email sharon.winkauai@gmail.com or call ☎ (808) 245-1996
- The Office of Hawaiian Affairs (OHA) offers [Emergency Assistance](#) for Native Hawaiians. ☎ (808) 784-4464 or visit www.hawaiiancouncil.org/kahiau
- The Department of Hawaiian Home Lands (DHHL) offers an Emergency Rental Assistance. Visit dhhl.hawaii.gov/covid-19/
- More information & other housing programs, contact the County Housing Agency ☎ (808) 241-4444
- To check eligibility for moratorium or forbearance, call:
 - [HUD approved housing counselor](#) ☎ (800) 569-4287
 - [Hawaiian Community Assets, Inc.](#) ☎ (808) 632-2770
 - [Legal Aid Society of Hawai'i](#) ☎ 1(800) 499-4302. Senior's line ☎ (808) 536-0011



Service providers are willing to waive late fees & maintain service for those affected by the pandemic.

Contact each one directly to find out your options. Other assistance for eligible families:

- [Catholic Charities](#) can help with costs such as rent, security deposit, or utilities. HOPE line ☎ (808) 241-4673
- [Temporary Assistance for Needy Families](#) (TANF) can provide monthly cash benefits. ☎ 1(855) 643-1643
- [Helping Hands Hawaii](#) offers an Emergency Assistance Program. ☎ (808) 440-3835
- The Kaua'i Economic Development Board (KEDB) offers [the Home Energy Retrofit Savings \(HERS\)](#) program for energy saving equipment.
- The Low-Income Home Energy Assistance Program (LIHEAP) offers support with electric or gas bills. Contact KEO at ☎ (808) 245-4077 or keo@keoinc.org



FINANCIAL ASSISTANCE & OTHER RESOURCES

- Kūpa`a Kaua`i, offers information for business & residents, visit <https://kauaiforward.com/>
- The Small Business Administration offers the [Paycheck Protection Program](#)
- For information on available jobs, visit www.HawaiiIsHiring.com & hi-employment.com/
- For assistance about workers rights, contact
 - [Hawai'i Working Families](#) ☎(808) 785-4833
 - [Family values @ Work](#) ☎(414) 436-9536
- Economic Recovery Navigator recoverynavigator.hawaii.gov/
- [We are Oceania](#): COVID related questions & other inquiries ☎(808) 913 1364
- Legal Aid: multilingual help & resources www.legalaidhawaii.org/covid-19-legal-help.html.
- Crowdsourced Hawai'i COVID-19 Resources resilienthawaii.org/

Call ☎211 - [Aloha United Way \(AUW\)](#) for more information on assistance. If your questions can't be answered by AUW, please call KEMA ☎(808) 241-1800. *Disclaimer: services available continue to change.*
 Updated on 1/11/2020. For the most up-to-date version, please visit www.kauai.gov/covid-19



Where Are **You** in the Vaccine Timeline?

We are here

Health care workers and nursing homes



Frontline Essential Workers:
 Workers who are in sectors essential to the functioning of society and are at substantially higher risk of exposure to SARS-CoV-2

Early 2021

First responders, frontline essential workers, kupuna 75+ and correctional facilities



Spring 2021

Individuals 65+, individuals over the age of 16 with a high risk of COVID-19 complications, other essential workers



Summer 2021

Community members



Details on vaccine distribution and supply are being regularly updated with new guidelines from the CDC and other authorities. Please keep informed by visiting HawaiiCovid19.com/vaccine