## Kalāheo Senior Calendar \* 4480 Papalina Road \* Phone: 332-9770

## AUGUST 2025

| A0001 2020 |                                     |  |   |  |   |          |
|------------|-------------------------------------|--|---|--|---|----------|
| SUNDAY     | MONDAY                              | TUESDAY                                      | WEDNESDAY   | THURSDAY   | FRIDAY  | SATURDAY |
|            |                                     |  | NO SENIOR CLASSES<br>CLOSED FOR PUBLIC USE                          | NO SENIOR CLASSES<br>CLOSED FOR PUBLIC USE                           | 1<br>NO SENIOR CLASSES<br>CLOSED FOR PUBLIC USE |          |
|            |                                     |  | SUMMER FUN PROGRAM<br>7:30AM - 4:30PM                               | SUMMER FUN PROGRAM<br>7:30AM - 4:30PM                                | SUMMER FUN PROGRAM<br>7:30AM - 4:30PM           |          |
| 2          | 4                                   |  | 6   | 7  | 0   |          |
| 3          | KUPUNA WELLNESS<br>8:30AM - 10:30AM | HOPE WEIGHT TRAING<br>8:30AM - 10:00AM       | KUPUNA WELLNESS<br>8:30AM - 10:30AM                                 | HOPE WEIGHT TRAING<br>8:30AM - 10:00AM                               | KUPUNA WELLNESS<br>8:30AM - 10:30AM             |          |
|            | GYM CLEANING<br>10:30AM - 1:30PM    | UKULELE CLASS<br>9:00AM - 11:30PM            | FOOT BALANCE<br>10:30AM - 11:30AM<br>BADMINTON<br>10:30AM - 12:30PM | UKULELE CLASS<br>9:00AM - 11:30PM<br>PICKLE BALL<br>9:30AM - 12:00PM | BADMINTON<br>10:30AM - 12:30PM                  |          |
| 10         | 11                                  | 12   |   | 14   | 15  |          |
|            | KUPUNA WELLNESS                     | HOPE WEIGHT TRAING                           | KUPUNA WELLNESS   | HOPE WEIGHT TRAING   | HOLIDAY   |          |
|            | 8:30AM - 10:30AM                    | 8:30AM - 10:00AM                             | 8:30AM - 10:30AM  | 8:30AM - 10:00AM   | STATEHOOD DAY                                   |          |
|            | GYM CLEANING<br>10:30AM - 1:30PM    | UKULELE CLASS<br>9:00AM - 11:30PM            | FOOT BALANCE<br>10:30AM - 11:30AM<br>BADMINTON                      | UKULELE CLASS<br>9:00AM - 11:30PM<br>PICKLE BALL                     | CLOSED  |          |
|            | 40                                  |  | 10:30AM - 12:30PM   | 9:30AM - 12:00PM   |   |          |
| 17         | KUPUNA WELLNESS<br>8:30AM - 10:30AM | 19<br>HOPE WEIGHT TRAING<br>8:30AM - 10:00AM | KUPUNA WELLNESS<br>8:30AM - 10:30AM                                 | 21<br>HOPE WEIGHT TRAING<br>8:30AM - 10:00AM                         | 22<br>KUPUNA WELLNESS<br>8:30AM - 10:30AM       |          |
|            | GYM CLEANING<br>10:30AM - 1:30PM    | UKULELE CLASS<br>9:00AM - 11:30PM            | FOOT BALANCE<br>10:30AM - 11:30AM<br>BADMINTON                      | UKULELE CLASS<br>9:00AM - 11:30PM<br>PICKLE BALL                     | BADMINTON<br>10:30AM - 12:30PM                  |          |
|            |                                     |  | 10:30AM - 12:30PM   | 9:30AM - 12:00PM   |   |          |
| 24         | KUPUNA WELLNESS                     | 26<br>HOPE WEIGHT TRAING                     | KUPUNA WELLNESS   | 28<br>HOPE WEIGHT TRAING   | 29<br>KUPUNA WELLNESS                           |          |
|            | 8:30AM - 10:30AM                    | 8:30AM - 10:00AM                             | 8:30AM - 10:30AM  | 8:30AM - 10:00AM   | 8:30AM - 10:30AM                                |          |
|            | GYM CLEANING<br>10:30AM - 1:30PM    | UKULELE CLASS<br>9:00AM - 11:30PM            | FOOT BALANCE<br>10:30AM - 11:30AM                                   | UKULELE CLASS<br>9:00AM - 11:30PM                                    | BADMINTON<br>10:30AM - 12:30PM                  |          |
|            |                                     |  | BADMINTON<br>10:30AM - 12:30PM                                      | PICKLE BALL<br>9:30AM - 12:00PM                                      |   |          |
| 31         |                                     |  |   | .2.00. 111   |   | l        |