

# January 2026



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
28	29 Winter Fun 7:30 to 4:30	30 Winter Fun 7:30 to 4:30	31 Winter Fun 7:30 to 4:30	1 HAPPY NEW YEARS KEKAHA NC WILL BE CLOSED	2 Winter Fun 7:30 to 4:30	3
4	5 Winter Fun 7:30 to 4:30	6 Seniors 9:30-10:00 WORKOUT 11:00-11:30 Lunch	7	8 Seniors 9:30-10:00 WORKOUT 11:00-11:30 Lunch	9 RSVP ONLY STRECHING 9:30AM TO 10:30AM	10
11	12 RSVP ONLY STRECHING 9:30AM TO 10:30AM	13 Seniors 9:30-10:00 WORKOUT 11:00-11:30 Lunch	14	15 Seniors 9:30-10:00 WORKOUT 11:00-11:30 Lunch	16 RSVP ONLY STRECHING 9:30AM TO 10:30AM	17
18	19 MARTIN LUTHER KING KEKAHA NC WILL BE CLOSED	20 Seniors 9:30-10:00 WORKOUT 11:00-11:30 Lunch	21	22 Seniors 9:30-10:00 WORKOUT 11:00-11:30 Lunch	23 RSVP ONLY STRECHING 9:30AM TO 10:30AM	24
25	26 RSVP ONLY STRECHING 9:30AM TO 10:30AM	27 Seniors 9:30-10:00 WORKOUT 11:00-11:30 Lunch	28	29 Seniors 9:30-10:00 WORKOUT 11:00-11:30 Lunch	30 RSVP ONLY STRECHING 9:30AM TO 10:30AM	31
1	2 RSVP ONLY STRECHING 9:30AM TO 10:30AM	Notes SENIOR'S EVERY TUESDAY'S AND THURSDAYS 9:30AM TO 12:30PM BREATHING EXERCISES, POSITIVE QUOTES, WORKOUT AND GAMES OR MOVIES FOR MORE INFO PLEASE CALL US AT 808-337-1671 OR EMAIL ME @ <a href="mailto:btone@kauai.gov">btone@kauai.gov</a> . <b>MONDAY AND FRIDAY STRECHING CLASS IS ON A RSVP BASIS ONLY PLEASE CALL AND A CLASS WILL BE PROVIDED</b>				