

## AUGUST 2026

| SUNDAY    | MONDAY                                                                | TUESDAY                       | WEDNESDAY                                                                                        | THURSDAY   | FRIDAY                                                                              | SATURDAY   |
|-----------|-----------------------------------------------------------------------|-------------------------------|--------------------------------------------------------------------------------------------------|------------|-------------------------------------------------------------------------------------|------------|
| <b>2</b>  | <b>3</b>                                                              | <b>4</b>                      | <b>5</b>                                                                                         | <b>6</b>   | <b>7</b>                                                                            | <b>1/8</b> |
|           | Kupuna Wellness<br>8:30-10:30am<br><br>Gym Cleaning<br>10:30am-1:30pm | Ukulele Class<br>9:00-11:30am | Kupuna Wellness<br>8:30-10:30am<br>Foot Balance<br>10:30-11:30am<br>Badminton<br>10:30am-12:30pm | No Classes | Kupuna Wellness<br>8:30-10:30am<br><br>Badminton<br>10:30am-12:30pm                 |            |
| <b>9</b>  | <b>10</b>                                                             | <b>11</b>                     | <b>12</b>                                                                                        | <b>13</b>  | <b>14</b>                                                                           | <b>15</b>  |
|           | Kupuna Wellness<br>8:30-10:30am<br><br>Gym Cleaning<br>10:30am-1:30pm | Ukulele Class<br>9:00-11:30am | Kupuna Wellness<br>8:30-10:30am<br>Foot Balance<br>10:30-11:30am<br>Badminton<br>10:30am-12:30pm | No Classes | Kupuna Wellness<br>8:30-10:30am<br><br>Badminton<br>10:30am-12:30pm                 |            |
| <b>16</b> | <b>17</b>                                                             | <b>18</b>                     | <b>19</b>                                                                                        | <b>20</b>  | <b>21</b>                                                                           | <b>22</b>  |
|           | Kupuna Wellness<br>8:30-10:30am<br><br>Gym Cleaning<br>10:30am-1:30pm | Ukulele Class<br>9:00-11:30am | Kupuna Wellness<br>8:30-10:30am<br>Foot Balance<br>10:30-11:30am<br>Badminton<br>10:30am-12:30pm | No Classes |  |            |
| <b>23</b> | <b>24</b>                                                             | <b>25</b>                     | <b>26</b>                                                                                        | <b>27</b>  | <b>28</b>                                                                           | <b>29</b>  |
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| <b>30</b> | <b>31</b>                                                             | <b>NOTES:</b>                 |                                                                                                  |            |                                                                                     |            |
|           | Kupuna Wellness<br>8:30-10:30am<br><br>Gym Cleaning<br>10:30am-1:30pm |                               |                                                                                                  |            |                                                                                     |            |