

Lihue Senior Calendar
*** 3353 Eono Street, Lihue * Phone: (808) 241-6858**

August 2025

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Notes:				1
				Tai Chi for Arthritis 9a-10:30a Mah Jong 11:00a-1:00p 12:30/1:45 EnhanceFitness
4	5	6	7	8
Line Dance 8:00a-10:30a Tai Chi 10:30a-12:00p Senior Hula 10:30a-12:00p 12:30/1:45 EnhanceFitness	Filipino Dance 12:00p-2:00p Japanese Dance 2:00p-4:00p	Bonsai 8:00a-12:00p 12:30/1:45 EnhanceFitness	Kokua Craft 8:30a-11:30a	Tai Chi for Arthritis 9a-10:30a Mah Jong 11:00a-1:00p 12:30/1:45 EnhanceFitness
11	12	13	14	15
Line Dance 8:00a-10:30a Tai Chi 10:30a-12:00p 12:30/1:45 EnhanceFitness	General Assembly 9:00a-11:30a Guest: Emi from DB Insurance Filipino Dance 12:00p-2:00p Japanese Dance 2:00p-4:00p	Bonsai 8:00a-12:00p 12:30/1:45 EnhanceFitness	Kokua Craft 8:30a-11:30a	Admissions Day HOLIDAY Center Closed
18	19	20	21	22
Line Dance 8:00a-10:30a Tai Chi 10:30a-12:00p Senior Hula 10:30a-12:00p 12:30/1:45 EnhanceFitness	General Assembly 9:00a-11:30a Games Filipino Dance 12:00p-2:00p Japanese Dance 2:00p-4:00p	Bonsai 8:00a-12:00p 12:30/1:45 EnhanceFitness	Kokua Craft 8:30a-11:30a	Tai Chi for Arthritis 9a-10:30a Mah Jong 11:00a-1:00p 12:30/1:45 EnhanceFitness
25	26	27	28	29
Line Dance 8:00a-10:30a Tai Chi 10:30a-12:00p 12:30/1:45 EnhanceFitness	General Assembly 9:00a-11:30a BINGO Filipino Dance 12:00p-2:00p Japanese Dance 2:00p-4:00p	Bonsai 8:00a-12:00p 12:30/1:45 EnhanceFitness	Kokua Craft 8:30a-11:30a	Tai Chi for Arthritis 9a-10:30a Mah Jong 11:00a-1:00p 12:30/1:45 EnhanceFitness

Calendar events or times are subject to change without notice.